



Career Growth

At some point in every career, we reach a point where we are good at what we do, and it doesn't really challenge us anymore. And, at different points in your career, you may be good at certain things and still learning others.

A lot of people fall into the trap of not actively managing this process. It is important to be conscientious of where you have mastered your role and where you still have room to grow.

Understanding where you are in your overall career growth will help you plan a way forward. You can start by understanding what Todd Henry calls the aspiration gap.

Aspiration Gap: The difference between the work that you want to create and the work that you are capable of creating at this moment.

To find this gap, ask yourself the following questions:

1. What is an area where, if you learned a new skill, you could take your career to the next level?
2. How do you take your current position to the next level of impact?
3. Is there something that you are curious about that you could start to research?
4. Do you have a natural aptitude that you could improve that could help you move yourself to the next level?
5. What about the way you are currently doing your job could be improved?
6. Is there something you are dissatisfied with?
7. Where can you push yourself outside of your comfort zone?