



Introduction to Enneagram Types

Below is a matrix that gives a high level overview of the 9 Enneagram Types.

#	Type	Triad	Manifests	Common Behaviors
1	Perfectionist	Anger	Internalizes	<ul style="list-style-type: none"> • High expectation of themselves and others • Get the job done • Reliable • Well organized • Have trouble adapting to change
8	Challenger	Anger	Externalizes	<ul style="list-style-type: none"> • Overabundance of energy • Confident • Fearless • Think in black and white • Test the limits of authority
9	Peacemaker	Anger	Avoids	<ul style="list-style-type: none"> • Appreciate inner peace and equilibrium above everything • Generalists • See both sides of every conflict • Lack energy
2	Helper	Feeling	Externalizes	<ul style="list-style-type: none"> • Appreciate relationships above everything • Intuitive • Community Builders • Struggle to accept criticism
3	Performer	Feeling	Avoids	<ul style="list-style-type: none"> • Very ambitious • Always put their best foot forward • Goal –oriented • Value efficiency & effectiveness
4	Individualist	Feeling	Internalizes	<ul style="list-style-type: none"> • In tune with their emotions • Appreciate beauty and taste above everything • Desire to be unique or special in some way • Excellent listeners



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5	Investigator	Fear	Internalizes	<ul style="list-style-type: none"> • Desire to look beneath the surface; possess knowledge • Loves to 'tinker' • Intensively pursue interests, questions, and ideas • Life of the mind
6	Loyalist	Fear	Externalizes	<ul style="list-style-type: none"> • Desire to create a stable environment • Talent for seeing potential problems • Reliable, responsible, and hard-working • Always doubting
7	Enthusiast	Fear	Avoids	<ul style="list-style-type: none"> • Desire for freedom and variety • Spontaneous and outgoing • Productive, highly creative, prolific • Resilient