



Time Mindset

Time Mindset can have a profound impact on your productivity. Productive people don't have more time than unproductive people. But, they do have a different mindset about it. If you want to see an increase in your productivity, one of the things you need to think about is your relationship with time.

How much time have you spent thinking about your relationship with time?

Do you approach it unconsciously, or do you know where you stand with it?

Notice your mindset about time. Are you making decisions about how you spend your time or are you unconsciously letting your time get by you?

Do you feel good about your time mindset?

Do you have a mindset about time that serves to make you more productive, or is it limiting you to a life where you feel like there just isn't enough time?

What is one thing you can change to improve your mindset about time?